



HELP WILLIAM (BOOG) RECOVER AFTER HIS SERIOUS ACCIDENT

Most people who know me call me **Boog**. I've always tried to be the person who helps others and handles whatever life puts in front of me. But after what happened on **September 10, 2026**, I'm realizing that this is one of those times when I need help too.

I was involved in a serious motorcycle accident in San Diego and was rushed to the hospital. My **left femur was shattered in eight different places**, requiring major surgery. Doctors placed a large metal rod, approximately 14 inches long, inside my leg to repair the damage.

I also suffered significant road rash, but my hospital stay became even more complicated.

After surgery, I began having extreme difficulty breathing. I knew something wasn't right and kept asking doctors to investigate further. They eventually discovered a serious issue in my stomach that required another operation. Surgeons had to open my abdomen, and I came home with **approximately 30 staples down my stomach**.

I spent about **a week in the hospital**, and recovery has been exhausting both physically and emotionally.

I'm also a **United States Navy veteran** who completed two overseas deployments to the Middle East. Serving my country is something I'll always be proud of, but today I'm facing a very different kind of battle—trying to heal and regain my independence.

Through everything, my greatest support has been my wife, **Valerie**. We've been married for nearly **22 years** and have two children, a 20-year-old daughter and an 11-year-old son. They're my world and the reason I keep pushing forward.

I've always been more comfortable being **the first person to help and the last person to ask for help**. Starting this campaign isn't easy for me.

Funds raised through HelpVy will help with **my medical and everyday living expenses** while I continue recovering from these serious injuries.

If you're able to donate or share my story, my family and I would be deeply grateful.

William “Boog” Castellano □□□□

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