

HELP MY FOREVER HERO JEFF HEAL AND GET BACK ON HIS FEET

Last **Thursday, October 8, 2026**, my husband, **Jeff Newman**, left home to check on his cousin, who had been having transportation problems. When he did not arrive when expected, I immediately knew something was wrong.

A friend and I got in the car and started searching. It was already dark, and as we traveled our country roads, we looked into ditches and along the roadside for anything that might tell us where Jeff was.

When we came around the final curve toward Highway 259 and I saw the lights ahead, **I knew he had been in an accident**.

I rushed to the hospital not knowing exactly what I was going to find. When I finally saw Jeff sitting up, calm and breathing, it was **one of the most beautiful sights of my life**.

Jeff suffered a **hematoma on the front left side of his head, broken cartilage and a serious wound to his left ear that had to be glued closed, significant bruising near his ribs and abdomen, road rash, deep cuts and punctures around his left knee, and painful injuries to both legs, ankles, arms, wrists, hands, shoulder, neck, and back**. A piece of flesh was also torn from his arm, and the pain in his legs has made walking and moving extremely difficult.

Jeff is **self-employed in construction and roofing**, which means when he cannot physically work, there is no paycheck coming in. His work requires him to move, lift, bend, and use his entire body, and right now those everyday movements are incredibly painful.

But injuries are only part of Jeff’s story.

Jeff is my **forever hero**.

Only five months after we were married, I became completely paralyzed. Jeff fed me, clothed me, and took care of me through one of the most difficult periods of my life. I told him more than once that he did not sign up for this and that he could leave.

He would not leave me.

That is the kind of man Jeff is. He is the first person to help someone else and the last person who would ever ask for help himself.

Now the roles have changed, and it is my turn to stand beside the man who stood beside me.

Funds raised through HelpVy will help with **Jeff's medical and everyday living expenses** while his body heals and he works toward being able to return to the construction and roofing work that supports us.

If you are able to donate or share Jeff's story, it would mean more to us than I can put into words.

Kathy Newman, for Jeff □□

HelpVy

