

HELP KOURTNEY HEAL AND GET BACK TO HER DAUGHTER

Help Kourtney Heal and Get Back to Her Daughter

Last **Tuesday, October 22, 2026**, my life changed in a matter of seconds when I was involved in a serious accident while riding in Tucson.

I am **Kourtney Kendzerski**, and I suffered a **broken collarbone, broken ribs, a severe concussion, a contusion, and extensive road rash across my knees, hips, arms, back, and shoulder**.

I spent **two days in the hospital**, and the pain has continued since coming home. Right now, I am staying with my mom because I cannot safely manage everything on my own. Even simple everyday tasks have become difficult.

What makes this especially heartbreaking is the timing.

I recently **graduated as a medical assistant** and was supposed to begin a new position in my field. I had worked hard to reach this point and was excited to begin the next chapter of my career. Now, I do not know when I will physically be able to start or what my recovery will require. I am also waiting to meet with an orthopedic surgeon to learn whether surgery may be necessary.

Before the accident, **I was working full time**, but my injuries have disrupted my ability to work and earn my normal income.

The most important person in my life is my **five year old daughter, Jazlyn**. She is my whole

world. Not being able to care for her the way I normally do has been one of the hardest parts of this experience, and her father has had to take on much more while I recover.

Funds raised through HelpVy will help with **my medical and everyday living expenses** while I heal and work toward getting back to my daughter, my career, and the life I was building.

If you are able to donate or share my story, Jazlyn and I would be incredibly grateful.

Kourtney Kendzerski □□

HelpVy

https://helpvy.com/