

HELP JESTIN HEAL AND KEEP PROVIDING FOR HIS YOUNG FAMILY

On **October 14, 2026**, I was on my way to work when I was involved in a serious accident that changed everything in a matter of moments.

I am **Jestin Lahair**, and what was supposed to be a normal morning ended with me spending about **10 hours in the hospital** and beginning a recovery I never expected.

I suffered a **severe sprain to my left ankle, bruising to my ribs and left leg, and a deep injury to my left pinky that required stitches**. I am also dealing with significant pain in my left shoulder, and doctors are still working to get an MRI scheduled to determine whether I have a **torn rotator cuff**.

The uncertainty has been difficult. I am still waiting to learn exactly how serious the shoulder injury may be and what treatment could be ahead.

Before the accident, I had recently started a new job as a **shop technician doing pressure testing**. I have only been there about five months, but I enjoy the work and the people I work with. My job can be physical, and right now my injuries have severely limited what I am able to do.

I was completely off work for a week, and now I have returned with **limited mobility and reduced hours**. At the moment, I am restricted mostly to paperwork instead of the hands on work I normally do.

What weighs on me most is my family.

My wife, **Rachel**, and our **three month old daughter, Astrid**, are the most important people

in my life. I am the primary provider for our family, and with my hours reduced while medical expenses begin adding up, the financial pressure is becoming very real.

Having a baby means there are already plenty of everyday expenses, and an accident like this was something none of us could have planned for.

Funds raised through HelpVy will help with **my medical and everyday living expenses** while I continue treatment, wait for answers about my shoulder, and work toward returning to my normal hours and responsibilities.

I want to heal, get back to doing the job I enjoy, and continue being the husband and father my family depends on.

If you are able to donate or share my story, **Rachel, Astrid, and I would be truly grateful for your support.**

Jestin Lahair □□

HelpVy



https://helpvy.com/