

HELP AMANDA HEAL AND STAY ON TRACK WITH HER FUTURE

On **October 8, 2026**, I thought I was simply finishing another long day and heading home.

I had been at college, attended a meeting afterward, and was planning to make one quick stop for a small snack before going home. I was thinking about nothing more than ending my day and getting back to my normal routine.

I never imagined I would spend the next two nights in the hospital.

In a matter of moments, everything I had planned for the days ahead was replaced by pain, uncertainty, and the realization that even standing and walking were suddenly difficult.

I was taken to the hospital that night and remained there until **Saturday afternoon**. Thankfully, doctors did not find any broken bones, but I suffered significant **muscle and soft tissue injuries, a badly sprained right ankle, a painful right shoulder injury, and road rash on both sides of my body**.

The right side of my body took the worst of it. My **shoulder, collarbone area, chest, shoulder blade, and elbow are all extremely sore and injured**, and I am now wearing a boot on my right ankle. The pain and weakness became so severe that doctors kept me an additional night because I was having trouble standing on my own.

Right now, even basic things like walking, getting around, and taking care of myself are difficult.

I am a **college student**, and before the accident I was focused on school and continuing to move my life forward. I have worked hard to create stability in my life and stay focused on the

future. Now, instead of concentrating only on classes and the goals I have been working toward, I am also dealing with pain, medical appointments, limited mobility, and the uncertainty of how long it will take my body to heal.

At home, I also have **two dogs and a cat** who mean the world to me. They have definitely noticed that something is wrong, and having them close has been a comfort while I recover.

This accident has interrupted a life I have worked hard to keep moving in a positive direction. I want to get back to school, regain my independence, and return to the normal routines that I probably took for granted before all of this happened.

Funds raised through HelpVy will help with **my medical and everyday living expenses** while I recover and work toward getting back on my feet.

Asking for help is never easy, but right now I could truly use the support. If you are able to donate or share my story, I would be incredibly grateful.

Amanda Allison □□

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